

2010 BSA Jamboree Medical Summary

To all Three Fires Council 2010 Jamboree participants:

Please carefully read and review the following items. There are deadlines that cannot be flexible due to National BSA constraints. There are opportunities that can be advantageous to you if you act in a timely way. There are recommendations you need to consider.

Physicals

- 1) All participants **MUST** use the bar coded physical form that was sent by e-mail from the national coordinators. These forms are unique to the registered individual. Carefully proof read the form you received for accuracy of personal data. You can make corrections on the electronic form or by hand on a printed copy.
- 2) If you do not have a bar coded form, please contact Mike Koehne immediately!
- 3) Fill out all the information you can on Part A of the form. What you don't know you can have explained by your family provider.
- 4) Part B will need to be completed by a licensed health-care provider. You may use your regular family provider or participate in a free opportunity at the council troop meeting on January 3, 2010 (see details below).
- 5) Read and complete Part C. Sign the form where indicated (youth and parent/guardian if needed).
- 6) Make sure your insurance information is correct and attach copies of your insurance cards to the physical form.
- 7) Turn in your completed physical form to your Jamboree Scoutmaster absolutely no later than February 1, 2010.

TFC Contingent Free Physicals

- 1) At the January 3, 2010 full troop meeting we will be offering free physicals as part of the meeting to all that qualify – your Jamboree Scoutmaster will inform you as to the scheduled time for your unit.
- 2) You **MUST** have the bar coded physical form that was sent by email from the national coordinators, you cannot share these forms as each is unique to the individual. We cannot do your physical this day if you do not have your form!
- 3) You must have Parts A and C completed before coming to the meeting.
- 4) All standard rules of confidentiality will be observed – your medical information will be handled only by those who are bound by license or contract.
- 5) If you have any pertinent personal history you may bring that with you for the medical staff to consider.
- 6) If you are currently taking special medications (i.e. Epipen, Albuteral, Prednisone, antihypertensives, antidepressants) or have special conditions or limitations from your current provider (i.e. Anaphylaxis, Asthma, Depression, Anxiety disorder, heart conditions), we recommend you be reviewed by your own family provider. This will reduce risk, confusion and controversy later. It is doubtful that most conditions will be a problem, but your personal provider can best make that judgment.

Classification of Risk Factors

National has identified certain conditions they deem put the individual in a higher risk for medical complications during strenuous activities such as Jamboree. They are as follows:

- Obesity.
- Difficult-to-control heart disease.
- Difficult-to-control hypertension.
- Difficult-to-control diabetes.
- Newly diagnosed seizures (within the last six months).
- Difficult-to-control asthma.
- Sleep apnea requiring a CPAP machine.
- Severe allergies susceptible to frequent and extreme anaphylaxis.
- Recent (within six months) orthopedic surgery.
- Difficult-to-control psychiatric, psychological, or emotional difficulties.
- Sickle-cell anemia, hemophilia, current cancer treatment, and those with blood-borne pathogens.

If you have any of the above named conditions you must see your personal physician for your Jamboree physical. Any questions please contact Mike Koehne.

Special Issues

- 1) If you are not sure if you can or should take advantage of the free physical opportunity, please send Mike Koehne an e-mail with your concerns.
- 2) If your family provider has any questions, please have them contact Mike Koehne. He will be able to share with them the appropriate procedures to ensure there are no issues at a later time.

Thank you,
Jamboree Health and Safety Committee Chairmen

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